

# Summer 2009



## Flick and Float

Starting on Friday, July 10, 2009 we will be offering a "Flick and Float" which, simply stated is: you float in the water while you get to watch a movie!

Its starts at 5:00 pm and will continue every Friday until August 7, 2009.

The cost will be \$5.00 per person or \$15.00 per family of four.

Don't forget to bring your own float!

July 10: Kung Fu Panda

July 17: Shark Tale

July 24: Marley & Me

July 31: Paul Blart Mall Cop

August 7: Madagascar 2

Larry Joe  
Harless  
Community  
Center  
304-664-2500  
[www.ljhcc.com](http://www.ljhcc.com)



## Splash Party

Friday, July 10, 2009 will begin our weekly Splash Party that will be on-going every Friday until August 7, 2009.

The Splash Party will begin at 8:00 PM and end at 10:00 PM. We'll have music, dancing, Guitar Hero tournaments,

karaoke, food & swimming. \$7 per person or \$10 per couple! Don't miss out!

## H-CAP

The Larry Joe Harless Community Center offers scholarship assistance to children that receive assistance of the Free or Reduced School Lunch Program. Bring a letter from the school verifying your child's enrollment in the Free/Reduced Lunch Program. The letter should state how much assistance is received. Tell the Receptionist (at the LJHCC) that you wish to apply for the CAP program. You will receive notice within two weeks of your application.

Enrollment is evaluated annually and access is provided on a monthly basis.

"We are pleased to be able to assist low income families in providing an avenue for their children to access the many services at the Harless Center. Membership to the Larry Joe Harless Center provides children with a safe, friendly place to play and grow and discounts for many of the programs offered. It allows

the children to get the physical activity recommended by the Academy of Pediatrics." Says Cheryl Mitchem, Executive Director of the LJHCC.

The Larry Joe Harless Center is currently scheduling summer activities that will include tennis clinics, swim lessons and much more. The CAP program is provided by private and business contributions and may be accessed as long as funds are available.

## Tennis Camp

Want to learn a recreational sport that's a blast for the entire family? The Larry Joe Harless Community Center is excited to announce summer plans for a tennis camp. An instructor has been hired: Cody Vinson, a current member of the Concord University tennis team and former

Westside High School stand-out player.

This camp will start on July 6, 2009 from 9:00 AM until 12:00 PM and end July 10, 2009.

The cost will be \$20 dollars for members and \$25 dollars for non-members.

Tennis is a sport that will provide great exercise, amazing

fun, and will give you something to look forward to this summer. Whether you are an older couple looking to get a little exercise, a working mom trying to find a way to relax, or a child interested in making new friends, tennis at the LJHCC will more than fit the bill.

## Free Matinee Wednesday

Don't miss out on our Free Matinee Wednesday starting Wednesday, July 8, 2009 and continuing every Wednesday until August 5, 2009.

The Matinee will start at

Noon (12:00 PM).

July 8: Kung Fu Panda

July 15: Shark Tale

July 22: Marley & Me

July 29: Paul Blart Mall

Cop

August 5: Madagascar 2

## Vacation Bible School Success!

Our first community wide vacation bible school was a success!

The bible school ran from June 15th-18th and each day we averaged 80 kids. The LJHCC would like to give a big thank you to the following people for all of there hard work and donations:

ALEF  
Gilbert Presbyterian (Chris Turner)  
Hanover Missionary Baptist (Sherry Walker, Youth Pastor)  
Horsepen Freewill Baptist (Carl "Cab" Wolford)  
Sharon Heights Assembly (Arville Cline)  
Promise Christian Fellow-

ship (Beverly Birchfield), Luke Bannister, Natasha Carter, Courtney Blankenship, Brett Dotson, Samantha Wagner, Corey Kennedy, Brianna Blankenship, Missy Tiller, Pastor Beverly Birchfield, Shanda Lester, and Jessica Browning.

## Zumba Continues

We'd like to remind everyone that we still have our Zumba class going on.

Zumba is a very dynamic and exciting class full of Latin and international music flavors. The routines feature aerobic interval training with a combination of fast and slow rhythms that tone and sculpt

the body. It targets areas such as glutes, legs, arms, abdominals, and the most important muscle in the body, the heart! It is a mixture of body sculpting movements and easy to follow dance steps, although you do not have to know how to dance to do Zumba.

Classes are Mondays at 11 AM & 6 PM, Wednesdays at 11 AM and Thursdays at 6 PM.

The instructor for morning classes is Lana Hatfield and evening classes are taught by Courtney Birchfield.

## Swim League

Starting July 6, 2009 the Larry Joe Harless Community Center will be starting a swim league.

The coach will be Eric V. Hatfield.

Practice will be every Mon-

day and Wednesday from 6 PM—7 PM year round.

The cost will be \$10.00 per month (pool access only).

Anyone can join as long as you can swim at least 25 yards comfortably.

For more information contact Eric Hatfield at 304-664-2500 ext. 305.

## Other up coming events

Swim Camp	Week of July 13th Ages 5-12 \$20 for members
Body Works/Fitness Camp	Contact Fitness Staff week of July 20th <b>FREE!</b>
Basketball Camp	August 3rd-6th 1pm-4pm \$20 for members
Cheer Camp/Majorette Camp	Week of July 27th \$20 for members \$25 for non members

**For more information contact the LJHCC at:  
304-664-2500 ext. 0**

**We're on the web!**

**[www.ljhcc.com](http://www.ljhcc.com)**